



MODAL HARMONY WORKSHOP

Chord Progression Cheat Sheet

The 7 diatonic chords are listed in the left column. In the other columns you can see what is the function of these chords in each of the 7 diatonic modes.

Modes of C Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Cmaj7	I	VII	VI	V	IV	III	II
Dm7	II	I	VII	VI	V	IV	III
Em7	III	II	I	VII	VI	V	IV
Fmaj7	IV	III	II	I	VII	VI	V
G7	V	IV	III	II	I	VII	VI
Am7	VI	V	IV	III	II	I	VII
Bm7b5	VII	VI	V	IV	III	II	I

Modes of F Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Fmaj7	I	VII	VI	V	IV	III	II
Gm7	II	I	VII	VI	V	IV	III
Am7	III	II	I	VII	VI	V	IV
Bbmaj7	IV	III	II	I	VII	VI	V
C7	V	IV	III	II	I	VII	VI
Dm7	VI	V	IV	III	II	I	VII
Em7b5	VII	VI	V	IV	III	II	I

Modes of Bb Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Bbmaj7	I	VII	VI	V	IV	III	II
Cm7	II	I	VII	VI	V	IV	III
Dm7	III	II	I	VII	VI	V	IV
Ebmaj7	IV	III	II	I	VII	VI	V
F7	V	IV	III	II	I	VII	VI
Gm7	VI	V	IV	III	II	I	VII
Am7b5	VII	VI	V	IV	III	II	I

Modes of Eb Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Ebmaj7	I	VII	VI	V	IV	III	II
Fm7	II	I	VII	VI	V	IV	III
Gm7	III	II	I	VII	VI	V	IV
Abmaj7	IV	III	II	I	VII	VI	V
Bb7	V	IV	III	II	I	VII	VI
Cm7	VI	V	IV	III	II	I	VII
Dm7b5	VII	VI	V	IV	III	II	I

Modes of Ab Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Abmaj7	I	VII	VI	V	IV	III	II
Bbm7	II	I	VII	VI	V	IV	III
Cm7	III	II	I	VII	VI	V	IV
Dbmaj7	IV	III	II	I	VII	VI	V
Eb7	V	IV	III	II	I	VII	VI
Fm7	VI	V	IV	III	II	I	VII
Gm7b5	VII	VI	V	IV	III	II	I

Modes of Db Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Dbmaj7	I	VII	VI	V	IV	III	II
Ebm7	II	I	VII	VI	V	IV	III
Fm7	III	II	I	VII	VI	V	IV
Gbmaj7	IV	III	II	I	VII	VI	V
Ab7	V	IV	III	II	I	VII	VI
Bbm7	VI	V	IV	III	II	I	VII
Cm7b5	VII	VI	V	IV	III	II	I

Modes of Gb Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Gbmaj7	I	VII	VI	V	IV	III	II
Abm7	II	I	VII	VI	V	IV	III
Bbm7	III	II	I	VII	VI	V	IV
Cbmaj7	IV	III	II	I	VII	VI	V
Db7	V	IV	III	II	I	VII	VI
Ebm7	VI	V	IV	III	II	I	VII
Fm7b5	VII	VI	V	IV	III	II	I

Modes of F# Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
F#maj7	I	VII	VI	V	IV	III	II
G#m7	II	I	VII	VI	V	IV	III
Am7	III	II	I	VII	VI	V	IV
Bmaj7	IV	III	II	I	VII	VI	V
C#7	V	IV	III	II	I	VII	VI
D#m7	VI	V	IV	III	II	I	VII
E#m7b5	VII	VI	V	IV	III	II	I

Modes of B Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Bmaj7	I	VII	VI	V	IV	III	II
C#m7	II	I	VII	VI	V	IV	III
D#m7	III	II	I	VII	VI	V	IV
Emaj7	IV	III	II	I	VII	VI	V
F#7	V	IV	III	II	I	VII	VI
G#m7	VI	V	IV	III	II	I	VII
A#m7b5	VII	VI	V	IV	III	II	I

Modes of E Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Emaj7	I	VII	VI	V	IV	III	II
F#m7	II	I	VII	VI	V	IV	III
G#m7	III	II	I	VII	VI	V	IV
Amaj7	IV	III	II	I	VII	VI	V
B7	V	IV	III	II	I	VII	VI
C#m7	VI	V	IV	III	II	I	VII
D#m7b5	VII	VI	V	IV	III	II	I

Modes of A Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Amaj7	I	VII	VI	V	IV	III	II
Bm7	II	I	VII	VI	V	IV	III
C#m7	III	II	I	VII	VI	V	IV
Dmaj7	IV	III	II	I	VII	VI	V
E7	V	IV	III	II	I	VII	VI
F#m7	VI	V	IV	III	II	I	VII
G#m7b5	VII	VI	V	IV	III	II	I

Modes of D Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Dmaj7	I	VII	VI	V	IV	III	II
Em7	II	I	VII	VI	V	IV	III
F#m7	III	II	I	VII	VI	V	IV
Gmaj7	IV	III	II	I	VII	VI	V
A7	V	IV	III	II	I	VII	VI
Bm7	VI	V	IV	III	II	I	VII
C#m7b5	VII	VI	V	IV	III	II	I

Modes of G Major:

	IONIAN	DORIAN	PHRYGIAN	LYDIAN	MIXOLYDIAN	AEOLIAN	LOCRIAN
Gmaj7	I	VII	VI	V	IV	III	II
Am7	II	I	VII	VI	V	IV	III
Bm7	III	II	I	VII	VI	V	IV
Cmaj7	IV	III	II	I	VII	VI	V
D7	V	IV	III	II	I	VII	VI
Em7	VI	V	IV	III	II	I	VII
F#m7b5	VII	VI	V	IV	III	II	I